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Classification des zheng

1. ICD-11 Traditional medicine patterns (WHO 2019)

1.1. Principle-based patterns

SE70	Yang pattern
SE71	Yin pattern
SE72	Heat pattern
SE73	Cold pattern
SE74	Excess pattern
SE75	Deficiency pattern
SE76	Exterior pattern
SE77	Interior pattern
SE78	Moderate (Heat/Cold) pattern
SE79	Medium (Excess/Deficiency) pattern
SE7A	Tangled cold and heat pattern
SE7Y	Other specified principle-based patterns
SE7Z	Principle-based patterns, unspecified

1.2. Environmental factor patterns

SE80	Wind factor pattern
SE81	Cold factor pattern
SE82	Dampness factor pattern
SE83	Dryness factor pattern
SE84	Fire-heat factor pattern
SE85	Summer-heat factor pattern
SE86	Pestilent factor pattern
SE8Y	Other specified environmental factor patterns
SE8Z	Environmental factor patterns, unspecified

1.3. Body constituents patterns

1.3.1. Qi patterns

SE90	Qi deficiency pattern
SE91	Qi stagnation pattern
SE92	Qi uprising pattern
SE93	Qi sinking pattern
SE94	Qi collapse pattern
SE9Y	Other specified qi patterns
SE9Z	Qi patterns, unspecified

1.3.2. Blood patterns

SF00	Blood deficiency pattern
SF01	Blood stasis pattern
SF02	Blood heat pattern
SF03	Blood cold pattern
SF04	Blood dryness pattern
SF0Y	Other specified blood patterns
SF0Z	Blood patterns, unspecified

1.3.3. Fluid patterns

SF10	Fluid deficiency pattern
SF11	Fluid disturbance pattern
SF12	Dry-phlegm pattern
SF13	Damp phlegm pattern
SF14	Phlegm-fire harassing the heart system pattern
SF15	Wind-phlegm pattern
SF1Y	Other specified fluid patterns
SF1Z	Fluid patterns, unspecified

1.3.4. Essence patterns

SF20	Essence deficiency pattern
SF2Y	Other specified essence patterns
SF2Z	Essence patterns, unspecified

1.3.5. Other specified body constituents patterns

SF4Y	Other specified body constituents patterns

1.3.6. Body constituents patterns, unspecified

SF4Z	Body constituents patterns unspecified

1.4. Organ system patterns

1.4.1. Liver system patterns

SF50	Liver yin deficiency pattern
SF51	Liver yang deficiency pattern
SF52	Liver yang ascendant hyperactivity pattern
SF53	Liver qi deficiency pattern
SF54	Liver blood deficiency pattern
SF55	Liver depression and blood stasis pattern
SF56	Liver wind stirring the interior pattern
SF57	Liver qi stagnation pattern
SF58	Liver fire flaming upward pattern
SF59	Liver heat stirring wind pattern

SF5A	Liver-gallbladder dampness-heat pattern
SF5B	Liver meridian dampness-heat pattern
SF5C	Liver meridian cold stagnation pattern
SF5D	Gallbladder qi deficiency pattern
SF5E	Gallbladder depression with phlegm harassment pattern
SF5F	Gallbladder heat pattern
SF5G	Gallbladder cold pattern
SF5H	Liver and kidney yin deficiency pattern
SF5J	Disharmony of liver and spleen systems pattern
SF5K	Disharmony of liver and stomach systems pattern
SF5L	Liver fire invading the stomach system pattern
SF5M	Liver fire invading the lung system pattern
SF5Y	Other specified liver system patterns
SF5Z	Liver system patterns, unspecified

1.4.2. Heart system patterns

SF60	Heart qi deficiency pattern
SF61	Heart blood deficiency pattern
SF62	Dual deficiency of heart qi and blood pattern
SF63	Heart meridian obstruction pattern
SF64	Heart yin deficiency pattern
SF65	Deficiency of heart qi and yin pattern
SF66	Heart yang deficiency pattern
SF67	Heart yang collapse pattern
SF68	Heart fire flaming upward pattern
SF69	Fire harassing heart spirit pattern
SF6A	Water qi intimidating the heart system pattern
SF6B	Heart spirit restlessness pattern
SF6C	Anxiety damaging the spirit pattern
SF6D	Small intestine qi stagnation pattern
SF6E	Small intestine excess heat pattern
SF6F	Small intestine deficiency cold pattern
SF6G	Heart and liver blood deficiency pattern
SF6H	Heart and gallbladder qi deficiency pattern
SF6J	Heart and spleen systems deficiency pattern
SF6K	Heart and lung qi deficiency pattern
SF6L	Heart and kidney systems disharmony pattern
SF6M	Heart and kidney yang deficiency pattern
SF6Y	Other specified heart system patterns
SF6Z	Heart system patterns, unspecified

1.4.3. Spleen system patterns

SF70	Spleen qi deficiency pattern
SF71	Spleen qi sinking pattern
SF72	Spleen deficiency with qi stagnation pattern

SF73	Spleen deficiency with food retention pattern
SF74	Spleen failing to control the blood pattern
SF75	Spleen deficiency and blood depletion pattern
SF76	Spleen yin deficiency pattern
SF77	Spleen yang deficiency pattern
SF78	Dampness-heat encumbering the spleen system pattern
SF79	Spleen deficiency with dampness accumulation pattern
SF7A	Spleen deficiency with water flooding pattern
SF7B	Cold-dampness encumbering the spleen system pattern
SF7C	Stomach qi deficiency pattern
SF7D	Stomach qi uprising pattern
SF7E	Stomach yin deficiency pattern
SF7F	Stomach heat pattern
SF7G	Dampness in the intestines pattern
SF7H	Cold invading the stomach system pattern
SF7J	Intestine cold stagnation pattern
SF7K	Anxiety damaging the spleen system pattern
SF7L	Lung and spleen deficiency pattern
SF7M	Spleen and kidney yang deficiency pattern
SF7Y	Other specified spleen system patterns
SF7Z	Spleen system patterns, unspecified

1.4.4. Lung system patterns

SF80	Lung qi deficiency pattern
SF81	Lung yin deficiency pattern
SF82	Lung and kidney yin deficiency pattern
SF83	Lung qi and yin deficiency pattern
SF84	Lung yang deficiency pattern
SF85	Cold phlegm obstructing the lung pattern
SF86	Turbid phlegm accumulation in the lung pattern
SF87	Exterior cold with lung heat pattern
SF88	Intense congestion of lung heat pattern
SF89	Phlegm heat obstructing the lung pattern
SF8A	Wind-heat invading the lung pattern
SF8B	Lung heat transmitting into the intestine pattern
SF8C	Wind-cold fettering the lung pattern
SF8D	Dryness invading the lung pattern
SF8E	Lung dryness with intestinal obstruction pattern
SF8F	Large intestine excess heat pattern
SF8G	Large intestine dampness heat pattern
SF8H	Large intestine fluid deficiency pattern
SF8J	Large intestine deficiency cold pattern
SF8Y	Other specified lung system patterns
SF8Z	Lung system patterns, unspecified

1.4.5. Kidney system patterns

SF90	Kidney qi deficiency pattern
SF91	Kidney failing to receive qi pattern
SF92	Kidney qi deficiency with water retention pattern
SF93	Kidney yin deficiency pattern
SF94	Kidney yin and yang deficiency pattern
SF95	Kidney deficiency with marrow depletion pattern
SF96	Kidney essence deficiency pattern
SF97	Kidney yang deficiency pattern
SF98	Fear damaging the kidney system pattern
SF99	Blood and heat accumulation in the uterus pattern
SF9A	Phlegm obstructing the uterus pattern
SF9B	Dampness-heat in the uterus pattern
SF9C	Cold stagnation in the uterus pattern
SF9D	Uterine deficiency cold pattern
SF9E	Blood accumulation in the bladder pattern
SF9F	Bladder heat accumulation pattern
SF9G	Bladder dampness-heat pattern
SF9H	Bladder water accumulation pattern
SF9J	Bladder deficiency cold pattern
SF9Y	Other specified kidney system patterns
SF9Z	Kidney system patterns, unspecified

1.4.6. Other specified organ system patterns

SG1Y	Other specified organ system patterns

1.4.7. Organ system patterns, unspecified

SG1Z	Organ system patterns, unspecified

1.5. Meridian and collateral patterns

1.5.1. Main Meridian Patterns

SG20	Lung meridian pattern
SG21	Large intestine meridian pattern
SG22	Stomach meridian pattern
SG23	Spleen meridian pattern
SG24	Heart meridian pattern
SG25	Small intestine meridian pattern
SG26	Bladder meridian pattern
SG27	Kidney meridian pattern
SG28	Pericardium meridian pattern
SG29	Triple energizer meridian pattern
SG2A	Gallbladder meridian pattern

SG2B	Liver meridian pattern
SG2Y	Other specified main Meridian Patterns
SG2Z	Main Meridian Patterns, unspecified

1.5.2. Extra Meridian Patterns

SG30	Governor vessel pattern
SG31	Conception vessel pattern
SG32	Yin heel vessel pattern
SG33	Yang heel vessel pattern
SG34	Yin link vessel pattern
SG35	Yang link vessel pattern
SG36	Thoroughfare vessel pattern
SG37	Belt vessel pattern
SG3Y	Other specified extra Meridian Patterns
SG3Z	Extra Meridian Patterns, unspecified

1.5.3. Other specified meridian and collateral patterns

SG5Y	Other specified meridian and collateral patterns

1.5.4. Meridian and collateral patterns, unspecified

SG5Z	Meridian and collateral patterns, unspecified

1.6. Six stage patterns

SG60	Early yang stage pattern
SG61	Middle yang stage pattern
SG62	Late yang stage pattern
SG63	Early yin stage pattern
SG64	Middle yin stage Pattern
SG65	Late Yin stage Patterns
SG6Y	Other specified six stage patterns
SG6Z	Six stage patterns, unspecified

1.7. Triple energizer stage patterns

SG70	Upper energizer stage patterns
SG71	Middle energizer stage patterns
SG72	Lower energizer stage patterns
SG7Y	Other specified triple energizer stage patterns
SG7Z	Triple energizer stage patterns, unspecified

1.8. Four phase patterns

1.8.1. Defense phase patterns

SG80	Dampness obstructing the defense yang pattern

SG81	Heat attacking the lung defense pattern
SG8Y	Other specified defense phase patterns
SG8Z	Defense phase patterns, unspecified

1.8.2. Qi phase patterns

SG90	Heat entering the qi phase pattern
SG91	Qi phase dampness and heat pattern
SG92	Dampness obstructing the qi phase pattern
SG9Y	Other specified qi phase patterns
SG9Z	Qi phase patterns, unspecified

1.8.3. Nutrient phase patterns

SH00	Nutrient qi and defense qi disharmony pattern
SH01	Heat in the nutrient phase pattern
SH02	Heat entering the nutrient and blood phase pattern
SH0Y	Other specified nutrient phase patterns
SH0Z	Nutrient phase patterns, unspecified

1.8.4. Blood phase patterns

SH10	Blood phase pattern
SH11	Heat entering the blood phase pattern
SH1Y	Other specified blood phase patterns
SH1Z	Blood phase patterns (TM1), unspecified

1.8.5. Other specified four phase patterns

SH3Y	Other specified four phase patterns

1.8.6. Four phase patterns, unspecified

SH3Z	Four phase patterns, unspecified

1.9. Four constitution medicine patterns

1.9.1. Large yang type patterns

SH40	Large yang type exterior origin lower back pattern
SH41	Large yang type interior origin small intestine pattern
SH42	Large yang type exterior interior combined pattern
SH4Y	Other specified large yang type patterns
SH4Z	Large yang type patterns, unspecified

1.9.2. Small yang type patterns

| |**SH50** | Small yang type lesser yang wind damage pattern |

SH51	Small yang type yin depletion pattern
SH52	Small yang type chest heat congested pattern
SH53	Small yang type yin deficit pattern
SH54	Small yang type exterior interior combined pattern
SH5Y	Other specified small yang type patterns
SH5Z	Small yang type patterns, unspecified

1.9.3. Large yin type patterns

SH60	Large yin type supraspinal exterior pattern
SH61	Large yin type esophagus cold pattern
SH62	Large yin type liver heat pattern
SH63	Large yin type dryness heat pattern
SH64	Large yin type exterior Interior combined pattern
SH6Y	Other specified large yin type patterns
SH6Z	Large yin type patterns, unspecified

1.9.4. Small yin type patterns

SH70	Small yin type congestive hyperpsychotic pattern
SH71	Small yin type yang depletion pattern
SH72	Small yin type greater yin pattern
SH73	Small yin type lesser yin pattern
SH74	Small yin type exterior interior combined pattern
SH7Y	Other specified small yin type patterns
SH7Z	Small yin type patterns, unspecified

1.9.5. Other specified four constitution medicine patterns

SH9Y	Other specified four constitution medicine patterns

1.9.6. Four constitution medicine patterns, unspecified

SH9Z	Four constitution medicine patterns, unspecified

1.10. Other specified traditional medicine patterns

SJ1Y	Other specified traditional medicine patterns

1.11. Traditional medicine patterns, unspecified

SJ1Z	Traditional medicine patterns, unspecified

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