

# Table des matières

<b>1. Systematic Reviews and Meta-Analysis</b> .....	1
1.1. Generic Acupuncture .....	1
1.1.1. Jianyu 2023 .....	1

---

# Post-Stroke Fatigue

## Fatigue post-AVC

### 1. Systematic Reviews and Meta-Analysis

☆☆☆	Evidence for effectiveness and a specific effect of acupuncture
☆☆	Evidence for effectiveness of acupuncture
☆	Limited evidence for effectiveness of acupuncture
∅	No evidence or insufficient evidence

#### 1.1. Generic Acupuncture

##### 1.1.1. Jianyu 2023

Jianyu Y, Haiyan LI, Dingyi X, Mingren C, Rixin C. Efficacy of acupuncture therapy for post-stroke fatigue: a systematic review and Meta-analysis. J Tradit Chin Med. 2023 Feb;43(1):27-33. <https://doi.org/10.19852/j.cnki.jtcm.20221006.003>. <https://pubmed.ncbi.nlm.nih.gov/36639992>.

<b>Objective</b>	To assess the effectiveness and safety of acupuncture for post-stroke fatigue (PSF).
<b>Methods</b>	Eight online databases were searched to collect relevant trials of acupuncture for PSF published before April 2021. Meta-analysis was performed by using RevMan 5.4 software. The Grading of Recommendations, Assessment, Development and Evaluation system was used to assess the certainty of evidence.
<b>Results</b>	<b>Four randomized controlled trials involving 289 PSF patients</b> were identified and included in the systematic review. The results of the Meta-analysis revealed that acupuncture group was significantly better than routine treatment group in improving the effective rate [risk ratio ( ) = 1.15, 95%(1.01, 1.33), = 0.04], reducing the FSS score [mean difference ( ) = -4.71, 95% (-6.22, -3.20), < 0.000 01] and FMA score [= -15.60, 95%(-11.96, 19.23), < 0.000 01]. Side effects of acupuncture were mild and rarely reported. The certainty of evidence of the outcomes based on the four trials was assessed as low.
<b>Conclusions</b>	The existing evidence suggests acupuncture as an adjunct to routine treatment may benefit in managing fatigue in stroke patients. However, high-quality RCTs are needed to further confirm these findings.

From: <https://wiki-mtc.org/> - Encyclopédie des sciences médicales chinoises

Permanent link: <https://wiki-mtc.org/doku.php?id=acupuncture:evaluation:neuro-psychiatrie:07.%20fatigue%20post-avc>

Last update: **01 Mar 2023 17:44**