Table des matières

1. Systematic Reviews and Meta-Analysis 1						
1.1. Wang 2019		1				
1 2 li 2014		1				

postmenopausal osteoporosis 1/2

postmenopausal osteoporosis

Ostéoporose post-ménopausique : évaluation de l'acupuncture

Articles connexes : Ostéoporose

1. Systematic Reviews and Meta-Analysis

☆☆☆	Evidence for effectiveness and a specific effect of acupunctur	
☆☆	Evidence for effectiveness of acupuncture	
☆	Limited evidence for effectiveness of acupuncture	
Ø	No evidence or insufficient evidence	

1.1. Wang 2019

Wang Kaili, Zhang Yili, Xie Yanming, Wei Xu, Jiang Junjie, An Yifang. [Systemic review and metaanalysis of acupuncture in the treatment of postmenopausal osteoporosis]. Chinese Journal of Osteoporosis. 2019;Issue 4:452-460. [201717].

目的 评价计划的行物经后营商减减检查的存效性及安全性,方法 电子检查中文和次支根据某场个 检查目期减空加7年11月,根据Cockrane Hand book 5.3评价标准和工具联价的人国页的模型。并用Rewman 5.3放作由注价Meta分析。就果 其构入10页文值 包括710种量表,这数形式多额,对照图356种,Meta分析显示。25年20年21月,15年22年21月,15年22年21月,15年22年21月,15年22年21月,15年22年21月,15年22年21月,15年22年21月,15年21日,15年21				
[Automatic translation]				
Objective	To evaluate the efficacy and safety of acupuncture for postmenopausal osteoporosis.			
	A total of 6 Chinese and English databases were searched electronically. The search date was as of November 2017, and was included in the study according to Cochrane Hand book 5.3 evaluation criteria and tools. Quality, and meta-analysis using Revman 5.3 software.			
Results	The results included 10 articles, including 710 patients, 354 patients in the experimental group, and 356 patients in the control group. Meta-analysis showed: 1 acupuncture vs conventional therapy [RR=1.36, 95% CI (1.18, 1.57), Z=4.34, P<0.0001], acupuncture + conventional treatment vs conventional treatment vs conventional treatment vs conventional treatment vs conventional treatment [MD = 2.36, 95% CI (1.42, 1.50), Z=3.77, P=0.0002], in clinical improvement Efficiency is better than the control group; 2 acupuncture vs conventional treatment [MD = 1.61, 95% CI (-2.06, -1.16), Z=7.01, P<0.00001], support or the control group in improving pain score.			
Conclusion	Acquanture or acquancture combined with conventional treatment alone Conventional treatment is more effective in improving clinical treatment efficiency and improving pain, and is suitable for clinical adoption. However, considering the limitations of the included literature, more high quality and large need are needed in future research. Sample, multicenter, methodologically designed randomized controlled trials to further corroborate and enhance the efficacy and safety of acquancture for postmenosmical estemanosis.			

1.2. Li 2014

Li Sheng, Zhang Fengzheng, Wang Hongdy, Jiang Yang, Pan Xiaoyan. [Systematic review of literatures of acupuncture and moxibustion for treatment of postmenopausal osteoporosis (PMO)]. Journal of Luzhou Medical College. 2014;5:461-467. [187010].

Objective	To assess the effectiveness of acupuncture and moxibustion therapy and drug therapy for PMO.
Methods	Acupuncture, moxibustion, PMO, etc. were selected as the theme words to retrieve the related medical data base at home, such as CNKI[VIP]Wan fang etc. and clinically randomized controlled trials were used as enrolled criteria and the treatment group was mainly treated with acupuncture, and the control group with medicine. The total effective rate and BMD changed values were used as assessment indexes. After the methodological quality assessment, all studies were conducted for Meta-analysis by Rev Man-5. 1.

postmenopausal osteoporosis 2/2

Altogether 31 studies were enrolled. Among them **9 studies were conducted for**Meta-analysis, treatment group (365 cases, control group 252 cases). The total RR of the total effective rate in 4 studies was 1. 38 with 95%CI [1. 15, 1. 65]; and the total WMD of the BMD changed values in 6 studies was 0. 06 with 95%CI [0. 02, 0. 10]. Each index in the acupuncture group on PMO was superior to that in the medicine group (P < 0. 05). Conclusion Acupuncture and moxibustion therapy for PMO is effective, but more high-quality studies are required to prove this viewpoint.

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